

Health and Wellbeing projects and activities FUNDING APPLICATION

1. Applicant:

Name	Helen Shakespeare
Organisation	Wiltshire Health and Care(GWH Foundation
	Trust)
Address	Calne Community Team
Phone number	01249 810370
Email address	Helen.shakespeare@gwh.nhs.uk

2. Amount of funding required from the Area Board:

£0 - £1000	
£1001 - £5000	£1,038
Over £5000 (please note – our grants will not normally exceed £5000)	

3. Are you applying on behalf of a Parish Council?

Yes	
No	Χ

4. If yes, please state why this project cannot be funded from the Parish Precept?

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N/A		

5. Project title?

Calne Fitness and Friendship Club

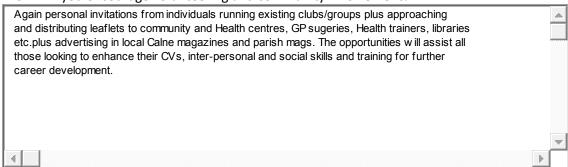
6. Project summary: (100 words maximum)

A weekly social club for over 50's with an emphasis on keeping active. Based at Beversbrook Sports and Community Facility on Thursday afternoons starting with an hour of instructor lead exercises with a break for refreshments then 'taster' sessions of various clubs and activities run in and around Calne to promote membership and encourage participation in different sports/activities.

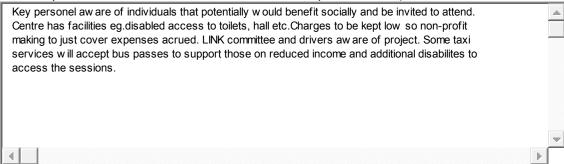
7. Which Area Board are you applying to?

12	N11 9FL	
Ple	ase tell us which themes best describe your pro	pject:
	Intergenerational projects Older People Support/Activities Carers Support/Activities Promoting physical and mental wellbeing Combating social isolation Promoting cohesive/resilient communities Arts, crafts and culture Safer communities	Heritage, history and architecture Inclusion, diversity and community spirit Environment, recycling and green initiative Sport, play and recreation Transport Technology & Digital literacy Other
	out your project	
Ple	Although predominantly aimed at the over 50's and rece this club will also be open to younger adults who are w and expand their knowledge and skillset with the opport New groups could be started and doors could be open.	ntly retired individuals elecome to join the committee tunity to volunteer for additional organisations.
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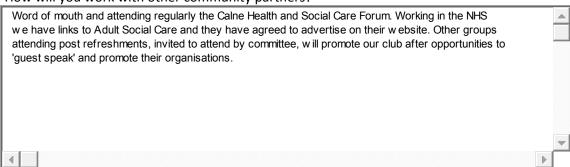
How will you encourage volunteering and community involvement?



How will you ensure your project is accessible to everyone (for example: people living with a disability or on low incomes, or vulnerable, or socially isolated etc.)?



How will you work with other community partners?



11. Safeguarding

Please tell us about how you will protect and safeguard vulnerable people in your project (You must address all of the following):

- Please provide evidence of your commitment to safeguarding and promoting the welfare of older/vulnerable people and their carers.
- How do you make sure staff and volunteers understand their safeguarding responsibilities?
- Who in your organisation is ultimately responsible for safeguarding?

All trained instructors taking sessions and volunteers to have DBS clearance or work alongside staff who have clearance. Manager at Beversbrook has overall responsibility and is willing to take on this role. Free safeguarding training courses are available online and other information concerning 'safeguarding is available.	_
	▼

12. Monitoring your project.

How will you know if your project has been successful? *required field

Participants will increase fitness levels and ongoing attendance will demonstrate goals achieved plus reduced isolation demonstrated by frienships formed. Individuals paying		_
a small charge will enable the club to be self-supporting. The evaluation questionnairre		
used by Age UK (Wilts) will be used to monitor the club's success plus other clubs		
w ill benefit from increased membership. Further referrals from attendees can initiate other ϕ	clubs	
to form if enough interest.		
		_
	N.	
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13. If your project will continue after the Wiltshire Council funding runs out, how will you continue to fund it?

	Charges for sessions at £3 will ensure the club is sustainable and self-funding once funding finishes. our break-ever	1 🔺	Ì
	status is 23 particiapants.		
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14. If this application forms part of a larger project (eg. building of new village hall), please state what this project is and approximately how much the overall project will cost



15.Finance:

15a. Your Organisation's Finance:

Your latest accounts:
Month Year
Total Income:
Total Expenditure:
f
Surplus/Deficit for the year:
Free reserves currently held:
(money not committed to other projects/operating costs)

<u> </u>				<u>-</u>
e are a small con	nmunity g	roup and do not ha	ve annual a	accounts or it is our first year:
5b. Project Finance	:			
otal Project cost		1578.00		
otal required from <i>i</i>	Area Board			
·	E	Income	£	Tick if income confirmed
B. If your organisat AT you should excluous the expenditure Planned project cost	ude VAT e	(Planned Income <u>h</u>	elp)	
Hall hire (1st 6 w ks)	108.00	indiv.w eekly paymen	540.00	
Hall hire (next 6 w ks)	135.00			
Hall Hire (next 6 w ks)	135.00			
refreshments	0.00			
Qualified instructor	810.00			
volunteer expenses	90.00			
fliers/posters	100.00			
equipment	100.00			
w ebsite	100.00			
otal	1578.00	Total	540.00	
lave you or do you nancial year? *requ		apply for a grant for	this project	from another area board within
No				
-				

18. DECLARATION

activities specified.

upon request (You DO NOT need to send these documents to us):
Quotes: I will make available on request 1 quote for individual project costs over £500 & 2 quotes for project costs over £1000 (Individual project costs are listed in the expenditure section above)
Project/Business Plan: For projects over £50,000: I will make available on request a project or business plan (including estimates) for projects where the total project cost (as declared in the financial section above) exceeds £50,000 (tick only when total project cost exceeds £50,000).
Accounts: I will make available on request the organisation's latest accounts
Constitution: I will make available on request the organisation's Constitution/Terms of Reference etc.
Policies and procedures: I will make available on request the necessary and relevant policies and procedures such as Child Protection, Safeguarding Adults, Public Liability Insurance, Access audit, Health & Safety and Environmental assessments.
Other supporting information (Tick where appropriate, for some project these will not be applicable):
I will make available on request evidence of ownership of buildings/land
I will make available on request the relevant planning permission for the project.
I will make available on request any other form of licence or approval for this project has been received prior to submission of this grant application.
And finally
I confirm that the information on this form is correct, any award received will be spent on the

Supporting information - Please confirm that the following documents will be available to inspect